

Comox Valley Masters Swim Meet

Sunday January 24th Sanction #: SBCM 2006
 Warm Up 11:30am – 12:15pm Events 12:30 – 4:30pm

Facilities: Comox Valley Aquatic Centre
 377 Lerwick Courtenay
 Phone: (250) 334-9622
 25 meters/8 lanes Electronic timing
 Rules: Current MSC rules & SNC warm up procedures will be in effect
 Awards: Certificates
 Eligibility: All Masters Swimmers registered with their Provincial, State or National MSO
 Meet Manager: Heather Ney
 Entry Fees: **\$30.00 per person.** Make cheques payable to **Comox Valley Aquatic Club.**

Entries must be received on or before **Wednesday January 20, 2009**. No deck entries or phone entries.
 Check www.sharks.bc.ca for current meet information and entry form. Entry form and fees can be mailed to:
 Heather Ney 510 Haida Street Comox, BC V9M 3S2 Phone (250) 218-1281
 Fax (250) 897-0595 Email: hsney@hotmail.com
 Heat Sheets will be posted prior to meet. Please confirm your registration information.

Event		Entry Time		Event		Entry Time		Please Note *Max 4 events/swimmer plus relays *Events will be seeded by time with women and men seeded together *Refunds are at the meet manager's discretion. *Swimmers information, gender, and times will be posted on the internet. *Contact information will only be used to clarify entry times, confirm payment and to send out awards
1	400 free		11	200 Breast				
2	200 Mixed Medley Relay	Deck Entry	12	50 Free				
3	50 Back		13	200 M/W Free Relay	Deck Entry			
4	100 Breast		14	100 Fly				
5	200 Back		15	200 Free				
6	50 Fly		16	50 Breast				
7	200 IM		17	100 Back				
8	200 M/W Medley Relay	Deck Entry	18	100 IM				
9	100 Free		19	Mixed 200 Free Relay	Deck Entry			
10	200 Fly							

Please Print Carefully

Last Name: _____ First Name: _____

Birthdate: (mm/dd/yyyy) _____ Gender: _____

MSABC#: _____ email: _____

Home Address: _____ City: _____

Province: _____ Postal Code: _____ Phone Number: _____

Club Contact Name: _____ Team: _____